

MMT 100 – How to Get There from the Camp

This sheet tells you how to go to an aid station from the MMT start/finish at Caroline Furnace Lutheran Camp. (GPS coordinates are included. The Camp entrance is: **38.740131° N, 78.511051° W**)

1. **Edinburg - 38.789360° N, 78.520912° W, Elizabeth Furnace - 38.929070° N, 78.328743° W, and Shawl - 38.895611° N, 78.304749° W:** The crew instructions can take you to these. If you don't go to Edinburg Gap, go straight at the Kings Crossing intersection, following 678 north to Elizabeth Furnace as described in the crew instructions. For Shawl, drive past Elizabeth Furnace and follow the crew instructions from there to Shawl.

2. **Habron Gap - 38.770351° N, 78.423653° W:** Go out the driveway and turn right on the Fort Valley Road, Rte 675. In half a mile, go left at the intersection, staying on 675, and go to the top of the mountain. Keep going down the mountain to a stop sign at the intersection with route 615. (That is a total of about 5 miles from the Camp.) Turn left, staying on 675. In less than a half mile, go straight on route 684. Do not follow 675 across the river. Go straight on 684 for about 7.3 miles.

3. **Camp Roosevelt 38.728168° N, 78.517052° W:** Camp Roosevelt is *very* close to the start/finish. You can walk. Go out the gate of the Camp and turn right. Go about a half mile to the intersection and go left, staying on 675. The Camp Roosevelt is about a quarter mile up the hill from that intersection on the left. If you drive, turn left into Camp Roosevelt entrance and then keep right. If you are walking, it's shorter to walk past the entrance and then walk through the woods to the aid station. (Be careful walking on 675. Its traffic is occasional, but fast.)

4. **Gap Creek 38.708191° N, 78.561020° W.** Go out the Camp entrance and turn right. At the intersection, go straight, leaving paved 675 and going on unpaved Crisman Hollow Road. Follow the Crisman Hollow Road for 3 miles. Look for the Gap Creek trailhead sign. The aid station is on the left. Park on the left. (If you are a pacer, it's only a 3.5 mile run to Gap Creek.)

5. **The Visitors Center - 38.642689° N, 78.611298° W, Picnic Area - 38.637606° N, 78.608750° W, and 211 Crossing - 38.708191° N, 78.561020° W:** Go out the Camp entrance. Turn right. Go straight at the intersection leaving paved 675 and going onto unpaved Crisman Hollow Road. Go 9.5 miles to the end of the road at route US 211. Runners are on some of this road. Be careful.

Important note: The Crisman Hollow Road is also Forest Service road 274 and State Route 211. It is not *the* US Route 211 mentioned below. Realize this when using maps or a GPS.

From the intersection with US 211, you can go to any of these three check points.

- **Visitors Center:** The Visitors Center aid station is across the street on your front left. Turn left on 211 and immediately turn right into the Visitors Center parking lot.
- **Picnic Area:** Turn left on 211 and go down the hill for just under half a mile. The Picnic Area is on the right, across the street from Sonny's Place. This turn is on a bend in the road and very dangerous. You might want to turn left into Sonny's parking lot and regroup. Be careful at this intersection.
- **211E trail crossing:** Turn left on 211 and then go down the hill for 1.25 miles. The check point (it's not an aid station – see the crew instructions) is on the right. It is a big parking lot with an asphalt section and lined parking spaces. You will see the orange blazes where the trail crosses the road.